ABSTRACT OF THE DISCLOSURE

A pallet includes a base plate of cantilever construction and legs of metal, particularly as an underframe for pallet containers for transporting and for storing liquids in an inner container of synthetic material standing on the base plate of the pallet, and an outer casing composed of a grid structure or sheet metal material attached to the base plate. The base plate and the legs of the pallet are manufactured as a single piece from a sheet metal plate as the initial material by deformation, particularly by deep-drawing and/or pressing or by hydroforming.